

Lesson Seven – July 13
THE HEART OF LONGING
PSALM 46

Overview: 46, 47, and 48 were written collectively as a song of remembrance of God's work in delivering Jerusalem from an onslaught by the Assyrians. King Hezekiah could have turned to an alliance he had created with Egypt for assistance but determined to turn to God. The Lord delivered Jerusalem after King Hezekiah and Isaiah prayed for guidance by sending an angel who killed all the soldiers, leaders, and officers in the Assyrian camp, sending the king of Assyria home in disgrace.

Lessons from the passage:

God should be our first choice - our "go to" - in times of trouble.

We need to make an intentional decision that God is our only choice.

Why do we turn to everyone and everything else before we turn to God? When you have doubts or difficulties, where do you usually turn first? Is there something going on in your life right now that you need to turn to God or turn over to God?

God is the River of Life.

He is constant, consistent, and available.

Think of an example of your "spiritual memory having a short shelf life?" In an effort to recall great things God has done, share a testimony of a recent time God brought you through a trial or time of anxiety. If you don't have a small group, call or e-mail someone about the story, remembering that God delivered you.

God will be glorified.

Regardless of the outcome or the situation, the bigger picture is God's working through the circumstances.

God brings you through but do you take time to recognize His working or do you move on to the next thing? In your opinion, what does it mean to "glorify" God? Take a moment to write down your "definition" of glorifying God. Now, make a list of situations and opportunities where you should give Him glory...