



21
DAYS OF
PRAYER
AND
FASTING
TO KNOW
GOD IN
2022

JANUARY 2-22

Why? Everything starts with why. Why do we need to pray? Why do we need to turn towards God? Why have we drifted into this place of confusion, division, and strife?

The question of why will lead us to the answers of what, how and what now. The next 21 days are important as we join together and pray and focus on God.

We need a revival and renewal in our lives in our church, and in our nation. We need God to move.

I recently read of a prayer movement that lasted 100 years. A group of persecuted believers in the heart of Bohemia prayed 24 hours a day, seven days a week for 100 years without a break. This group launched the modern Mission movement. This group fueled by prayer reached beyond their culture and impacted the world for King Jesus. They were so outward focused that they would sell themselves into slavery in order to share the gospel with slaves. They would, although healthy, join leper Colonies in order to share the gospel with the afflicted. Their prayers launched a renewal that shook heaven and changed earth. They believed that if God didn't move then it didn't matter what they did. They asked heaven to change earth. Heaven heard!

Several years ago I went to their tiny village and stood in the place where those 100 years of prayers were voiced. They were simple people with a big God. We are like them. We are simple. Our place is small and our God is big. It is time to pray.

Starting January 2, 2022, I am asking you to join me in a 21 days prayer focus. God's word will be our guide and God's promises will be our glue. We will focus on spiritual renewal in our journey together. We will seek God's face for personal renewal, relational renewal, and missional renewal.

Remember what God said....

if my people who are called by my name humble themselves, and pray and seek my face and turn from their wicked ways, then I will hear from heaven and will forgive their sin and heal their land.

2 Chronicles 7:14



There is no better time than now, and no better people than us. God has given us a gift of a relaunch. We cannot, nor should we desire to return to normal. It is time to pray and focus on God.

Allow this to help you with the fasting process.

Fasting truths....

- Biblical fasting is not giving up something but shifting your focus to Jesus and placing your intentional trust in Him.
- Fasting could be shifting away from food, drink (other than water), or anything that helps you shift your focus.
- Fasting could be for a period of time in a day and maybe not all day.
- The purpose is to focus on Jesus and call out to him in this very important season.
- Fasting requires a selflessness that should lead to Christlike character.

Use this guide to help you focus. Let's get going.....

DAY ONE: PRAYING FOR REPENTANCE

Have mercy on me, O God, according to your steadfast love; according to your abundant mercy blot out my transgressions. Wash me thoroughly from my iniquity, and cleanse me from my sin! For I know my transgressions, and my sin is ever before me. Against you, you only, have I sinned and done what is evil in your sight, so that you may be justified in your words and blameless in your judgment. Behold, I was brought forth in iniquity, and in sin did my mother conceive me. Behold, you delight in truth in the inward being, and you teach me wisdom in the secret heart. Purge me with hyssop, and I shall be clean; wash me, and I shall be whiter than snow. Let me hear joy and gladness; let the bones that you have broken rejoice. Hide your face from my sins, and blot out all my iniquities. Create in me a clean heart, O God, and renew a right spirit within me. Cast me not away from your presence, and take not your Holy Spirit from me. Restore to me the joy of your salvation, and uphold me with a willing spirit. Then I will teach transgressors your ways, and sinners will return to you.

Psalm 51:1-13

Pray that God will reveal His love for you at the deepest level and that you would desire to live a life pleasing to Him. As you pray make a list of all the ways God has displayed His love for you and His mercy toward you.

Ask God to reveal shortcomings and sins to you. Ask for His cleansing.

Be active in your prayers. Pray that our valley will be aware of the goodness of God and His love toward all people.. Ask God to send His Spirit of conviction and renewal.

DAY TWO: PRAYING FOR MERCY

O Lord, rebuke me not in your anger, nor discipline me in your wrath. Be gracious to me, O Lord, for I am languishing; heal me, O Lord, for my bones are troubled. My soul also is greatly troubled. But you, O Lord – how long? Turn, O Lord, deliver my life; save me for the sake of your steadfast love. For in death there is no remembrance of you; in Sheol who will give you praise? I am weary with my moaning; every night I flood my bed with tears; I drench my couch with my weeping. My eye wastes away because of grief; it grows weak because of all my foes. Depart from me, all you workers of evil, for the Lord has heard the sound of my weeping. The Lord has heard my plea; the Lord accepts my prayer. All my enemies shall be ashamed and greatly troubled; they shall turn back and be put to shame in a moment.

Psalm 6:1-10

Pray for God's mercy in your life and in the lives of people. Ask God to give us a sense of responsibility and awareness of Godly character. Ask God to reveal to you His mercy. Be active in your prayers. Expect God to answer.

Pray that as people make decisions that The Holy Spirit would guide their choices.

DAY THREE: PRAYING FOR PERSONAL UNDERSTANDING AND STAMINA

All in vain have I kept my heart clean and washed my hands in innocence. For all the day long I have been stricken and rebuked every morning. If I had said, "I will speak thus," I would have betrayed the generation of your children. But when I thought how to understand this, it seemed to me a wearisome task, until I went into the sanctuary of God; then I discerned their end. Truly you set them in slippery places; you make them fall to ruin. How they are destroyed in a moment, swept away utterly by terrors! Like a dream when one awakes, O Lord, when you rouse yourself, you despise them as phantoms. When my soul was embittered, when I was pricked in heart, I was brutish and ignorant; I was like a beast toward you. Nevertheless, I am continually with you; you hold my right hand. You guide me with your counsel, and afterward you will receive me to glory. Whom have I in heaven but you? And there is nothing on earth that I desire besides you. My flesh and my heart may fail, but God is the strength of my heart and my portion forever.

Psalm 73:13-26

Pray that you would have courage to not give up or give in to the disunity and confusion of these days. Ask God to give you a deep desire to live all for Jesus. Be active in your prayers expecting God to move.

Ask God to give our leaders the courage to do what is just and pleasing.

DAY FOUR: PRAYING FOR PERSONAL ACTION

Know this, my beloved brothers: let every person be quick to hear, slow to speak, slow to anger; for the anger of man does not produce the righteousness of God. Therefore put away all filthiness and rampant wickedness and receive with meekness the implanted word, which is able to save your souls. But be doers of the word, and not hearers only, deceiving yourselves. For if anyone is a hearer of the word and not a doer, he is like a man who looks intently at his natural face in a mirror. For he looks at himself and goes away and at once forgets what he was like. But the one who looks into the perfect law, the law of liberty, and perseveres, being no hearer who forgets but a doer who acts, he will be blessed in his doing. If anyone thinks he is religious and does not bridle his tongue but deceives his heart, this person's religion is worthless. Religion that is pure and undefiled before God the Father is this: to visit orphans and widows in their affliction, and to keep oneself unstained from the world.

James 1:19-27

Ask God to open your eyes and ears to understand His truth and His movement. Ask God to reveal your true self to you so you will be fully aware. Be active in your prayers expecting God to move.

Ask God to move to bring renewal toward Himself.

DAY FIVE: PRAYING FOR CONFIDENCE

for God gave us a spirit not of fear but of power and love and self-control.

2 Timothy 1:7

Ask God to give you confidence to live a life pleasing to Him. Fear is the fuel of defeat. It is not from God. Ask God to give you His power, His love, and a self controlled mind that makes you dependent on Him.

Ask God to remove fear and expose the elements that bring fear and confusion.

DAY SIX: PRAYING FOR PERSONAL COMPASSION

He has told you, O man, what is good; and what does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God?

Micah 6:8

Ask God to grow your heart to desire what He desires. Ask God to give you a heart of justice, mercy, and humility.

Be active in your prayers asking God to act.

Pray that you would desire the things God desires....justice, mercy, and humility.

DAY SEVEN: PRAYING FOR PERSONAL DIRECTION

Trust in the Lord with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths. Be not wise in your own eyes; fear the Lord, and turn away from evil. It will be healing to your flesh and refreshment to your bones.

Proverbs 3:5-8

Ask God for obvious direction. He will give direction as you trust in Him. Be active in your prayers. Make a list of the directions God gives you and make a plan to follow those directions.

Ask God to direct your path.

Week Two: Praying for Relational Renewal**DAY ONE: PRAYING FOR UNITY**

I therefore, a prisoner for the Lord, urge you to walk in a manner worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, eager to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit—just as you were called to the one hope that belongs to your call— one Lord, one faith, one baptism, one God and Father of all, who is over all and through all and in all.

Ephesians 4:1-6

Ask God to bring unity to our families, our church, and to our nation. God loves unity and asks us to maintain it through the bond of peace. We are better together. Be active in your prayers expecting God to move.

Pray that you would seek what unites us over what divides us. Refuse to give into myth making and gossip. Unity in the church is vital to God moving in power. He wants a United body. Check your heart and actions regarding unity.

DAY TWO: PRAYING FOR ENCOURAGEMENT

Finally, all of you, have unity of mind, sympathy, brotherly love, a tender heart, and a humble mind. Do not repay evil for evil or reviling for reviling, but on the contrary, bless, for to this you were called, that you may obtain a blessing. For “Whoever desires to love life and see good days, let him keep his tongue from evil and his lips from speaking deceit; let him turn away from evil and do good; let him seek peace and pursue it. For the eyes of the Lord are on the righteous, and his ears are open to their prayer. But the face of the Lord is against those who do evil.”

1 Peter 3:8-12

Ask God to shut the mouths of division and strife. Ask God to reveal truth. Be active in your prayers expecting God to come through.

Pray that our church will live out the scripture you have just read.

DAY THREE: PRAYING FOR EMPATHY

For just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ. For in one Spirit we were all baptized into one body—Jews or Greeks, slaves or free—and all were made to drink of one Spirit. For the body does not consist of one member but of many. If the foot should say, "Because I am not a hand, I do not belong to the body," that would not make it any less a part of the body. And if the ear should say, "Because I am not an eye, I do not belong to the body," that would not make it any less a part of the body. If the whole body were an eye, where would be the sense of hearing? If the whole body were an ear, where would be the sense of smell? But as it is, God arranged the members in the body, each one of them, as he chose. If all were a single member, where would the body be? As it is, there are many parts, yet one body.

1 Corinthians 12:12-20

Ask God to show you how important each person really is. Ask Him to help you overlook race, choices, and other divisions and see the importance of one another. Be active in your prayers expecting God to come through.

Pray that we as a church will have a spirit of service and humility.

DAY FOUR: PRAYING FOR HONOR

Let love be genuine. Abhor what is evil; hold fast to what is good. Love one another with brotherly affection. Outdo one another in showing honor. Do not be slothful in zeal, be fervent in spirit, serve the Lord. Rejoice in hope, be patient in tribulation, be constant in prayer. Contribute to the needs of the saints and seek to show hospitality.

Romans 12:9-13

Ask God to move by restoring honor as a virtue. May we be openly committed to showing honor to each other. Be active in your prayers expecting God to come through.

Ask God to move in hearts of all people that they would be civil and honoring!

DAY FIVE: PRAYING FOR THE GRIEVING

As a deer pants for flowing streams, so pants my soul for you, O God. My soul thirsts for God, for the living God. When shall I come and appear before God? My tears have been my food day and night, while they say to me all the day long, "Where is your God?" These things I remember, as I pour out my soul: how I would go with the throng and lead them in procession to the house of God with glad shouts and songs of praise, a multitude keeping festival. Why are you cast down, O my soul, and why are you in turmoil within me? Hope in God; for I shall again praise him, my salvation and my God. My soul is cast down within me; therefore I remember you from the land of Jordan and of Hermon, from Mount Mizar. Deep calls to deep at the roar of your waterfalls; all your breakers and your waves have gone over me. By day the Lord commands his steadfast love, and at night his song is with me, a prayer to the God of my life. I say to God, my rock: "Why have you forgotten me? Why do I go mourning because of the oppression of the enemy?" As with a deadly wound in my bones, my adversaries taunt me, while they say to me all the day long, "Where is your God?" Why are you cast down, O my soul, and why are you in turmoil within me? Hope in God; for I shall again praise him, my salvation and my God.

Psalm 42:1-11

Ask God to be with those who are hurting for various reasons. Be active in your prayers expecting God to come through.

Ask God to give us compassion.

DAY SIX: PRAYING FOR FORGIVENESS

Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.

Ephesians 4:31-32

Ask God to create a movement of forgiveness and love. Help us to put aside petty differences and really love one another. Search your heart for bitterness and resentment. Allow the Holy Spirit to bring conviction and repentance. Give forgiveness and ask for forgiveness.

Be active in your prayers expecting God to come through.

DAY SEVEN: PRAYING FOR LOVE

Beloved, let us love one another, for love is from God, and whoever loves has been born of God and knows God. Anyone who does not love does not know God, because God is love.

1 John 4:7-8

Pray though this scripture using personal pronouns as your prayer today. Be active in your prayers expecting God to come through.

Ask God to do a big work in the hearts of people including yours.

Week Three: Praying for Mission Renewal

DAY ONE: PRAYING FOR REVIVAL

if my people who are called by my name humble themselves, and pray and seek my face and turn from their wicked ways, then I will hear from heaven and will forgive their sin and heal their land.

2 Chronicles 7:14

Ask God to bring us back to the place of our biblical truth. Help us to remember we are His people called by His name.

Be active in your prayers expecting God to come through.

Pray that God heals our land.

DAY TWO: PRAYING FOR JUSTICE

For thus says the Lord to the house of Israel: "Seek me and live; but do not seek Bethel, and do not enter into Gilgal or cross over to Beersheba; for Gilgal shall surely go into exile, and Bethel shall come to nothing." Seek the Lord and live, lest he break out like fire in the house of Joseph, and it devour, with none to quench it for Bethel. O you who turn justice to wormwood and cast down righteousness to the earth! He who made the Pleiades and Orion, and turns deep darkness into the morning and darkens the day into night, who calls for the waters of the sea and pours them out on the surface of the earth, the Lord is his name; who makes destruction flash forth against the strong, so that destruction comes upon the fortress. They hate him who reproves in the gate, and they abhor him who speaks the truth. Therefore because you trample on the poor and you exact taxes of grain from him, you have built houses of hewn stone, but you shall not dwell in them; you have planted pleasant vineyards, but you shall not drink their wine. For I know how many are your transgressions and how great are your sins— you who afflict the righteous, who take a bribe,

and turn aside the needy in the gate. Therefore he who is prudent will keep silent in such a time, for it is an evil time. Seek good, and not evil, that you may live; and so the Lord, the God of hosts, will be with you, as you have said. Hate evil, and love good, and establish justice in the gate; it may be that the Lord, the God of hosts, will be gracious to the remnant of Joseph. But let justice roll down like waters, and righteousness like an ever-flowing stream.

Amos 5:4-15,24

Ask God to open our eyes to the injustice being done in our nation. Ask Him to expose the false views of justice and return us to biblical justic. Be active in your prayers as we ask God to make us messengers of justice. Be active in your prayers expecting God to come through.

Pray that we will be men and women of justice.

DAY THREE: PRAYING RESTORATION

The Spirit of the Lord God is upon me, because the Lord has anointed me to bring good news to the poor; he has sent me to bind up the brokenhearted, to proclaim liberty to the captives, and the opening of the prison to those who are bound; to proclaim the year of the Lord's favor, and the day of vengeance of our God; to comfort all who mourn; to grant to those who mourn in Zion— to give them a beautiful headdress instead of ashes, the oil of gladness instead of mourning, the garment of praise instead of a faint spirit; that they may be called oaks of righteousness, the planting of the Lord, that he may be glorified. They shall build up the ancient ruins; they shall raise up the former devastations; they shall repair the ruined cities, the devastations of many generations. Strangers shall stand and tend your flocks; foreigners shall be your plowmen and vinedressers; but you shall be called the priests of the Lord; they shall speak of you as the ministers of our God; you shall eat the wealth of the nations, and in their glory you shall boast. Instead of your shame there shall be a double portion; instead of dishonor they shall rejoice in their lot; therefore in their land they shall possess a double portion; they shall have everlasting joy. For I the Lord love justice; I hate robbery and wrong; I will faithfully give them their recompense, and I will make an everlasting covenant with them. Their offspring shall be known among the nations, and their descendants in the midst of the peoples; all who see them shall acknowledge them, that they are an offspring the Lord has blessed.

Isaiah 61:1-9

Ask God to use us as oaks of righteousness for His glory. Let us be people who build up and not tear down, who comfort not condemn, who love not hate. Be active in your prayers expecting God to come through.

Pray that God will put men and women who are restorers into the place of influence.

DAY FOUR: PRAYING FOR THE OPPRESSED

I will bless the Lord at all times; his praise shall continually be in my mouth. My soul makes its boast in the Lord; let the humble hear and be glad. Oh, magnify the Lord with me, and let us exalt his name together! I sought the Lord, and he answered me and delivered me from all my fears. Those who look to him are radiant, and their faces shall never be ashamed. This poor man cried, and the Lord heard him and saved him out of all his troubles. The angel of the Lord encamps around those who fear him, and delivers them. Oh, taste and see that the Lord is good! Blessed is the man who takes refuge in him! Oh, fear the Lord, you his saints, for those who fear him have no lack! The young lions suffer want and hunger; but those who seek the Lord lack no good thing. Come, O children, listen to me; I will teach you the fear of the Lord. What man is there who desires life and loves many days, that he may see good? Keep your tongue from evil and your lips from speaking deceit. Turn away from evil and do good; seek peace and pursue it. The eyes of the Lord are toward the righteous and his ears toward their cry. The face of the Lord is against those who do evil, to cut off the memory of them from the earth. When the righteous cry for help, the Lord hears and delivers them out of all their troubles. The Lord is near to the brokenhearted and saves the crushed in spirit. Many are the afflictions of the righteous, but the Lord delivers him out of them all. He keeps all his bones; not one of them is broken. Affliction will slay the wicked, and those who hate the righteous will be condemned. The Lord redeems the life of his servants; none of those who take refuge in him will be condemned.

Psalm 34:1-22

Pray through this Psalm as your prayer.....Be active in your prayers expecting God to come through.

DAY FIVE: PRAYING FOR PURPOSE

And they devoted themselves to the apostles' teaching and the fellowship, to the breaking of bread and the prayers. And awe came upon every soul, and many wonders and signs were being done through the apostles. And all who believed were together and had all things in common. And they were selling their possessions and belongings and distributing the proceeds to all, as any had need. And day by day, attending the temple together and breaking bread in their homes, they received their food with glad and generous hearts, praising God and having favor with all the people. And the Lord added to their number day by day those who were being saved.

Acts 2:42-47

Ask God to make us into this kind of church...all for Jesus! Be active in your prayers expecting God to come through.

DAY SIX: PRAYING FOR CLARITY

"I am the true vine, and my Father is the vinedresser. Every branch in me that does not bear fruit he takes away, and every branch that does bear fruit he prunes, that it may bear more fruit. Already you are clean because of the word that I have spoken to you. Abide in me, and I in you. As the branch cannot bear fruit by itself, unless it abides in the vine, neither can you, unless you abide in me. I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing.

John 15:1-5

Ask God to keep you in dependence on Him. Ask God that we as a church will remember that He is the source of life. Be active in your prayers expecting God to come through.

DAY SEVEN: PRAYING FOR THE RENEWAL OF ALL THINGS

Then I saw a new heaven and a new earth, for the first heaven and the first earth had passed away, and the sea was no more. And I saw the holy city, new Jerusalem, coming down out of heaven from God, prepared as a bride adorned for her husband. And I heard a loud voice from the throne saying, "Behold, the dwelling place of God is with man. He will dwell with them, and they will be his people, and God himself will be with them as their God. He will wipe away every tear from their eyes, and death shall be no more, neither shall there be mourning, nor crying, nor pain anymore, for the former things have passed away." And he who was seated on the throne said, "Behold, I am making all things new." Also he said, "Write this down, for these words are trustworthy and true." And he said to me, "It is done! I am the Alpha and the Omega, the beginning and the end. To the thirsty I will give from the spring of the water of life without payment. The one who conquers will have this heritage, and I will be his God and he will be my son.

Revelation 21:1-7

Ask God to restore and renew. Be active in your prayers expecting God to come through.

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**GOD IS FOR US AND HE IS BUILDING HIS
CHURCH. WE HAVE THE OPPORTUNITY TO BE
HIS HANDS AND FEET TO A BROKEN WORLD.
LET'S NOT BE DECEIVED OR DISMAYED.**

LET US LIVE....

ALL FOR JESUS...WHATEVER IT TAKES!

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